

A large, stylized purple flower graphic is positioned on the left side of the slide. It features a central circular element with a small, light-colored flower-like shape inside, surrounded by several curved, petal-like shapes radiating outwards.

*Visit
Scotland* | *Alba*TM

DOMESTIC TOURISM TRENDS

Presentation based on domestic tourism tracker fieldwork from July to September



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Methodology and background

Background

The findings in this report are based on a monthly online survey amongst a nationally representative sample of the UK population with a survey boost for Scotland residents. Each wave 1,750 surveys are completed within which 250 are Scotland residents

Frequency

The research is currently on its 63rd wave – the first wave having been conducted in May 2020, with a weekly, fortnightly and now monthly cadence thereafter

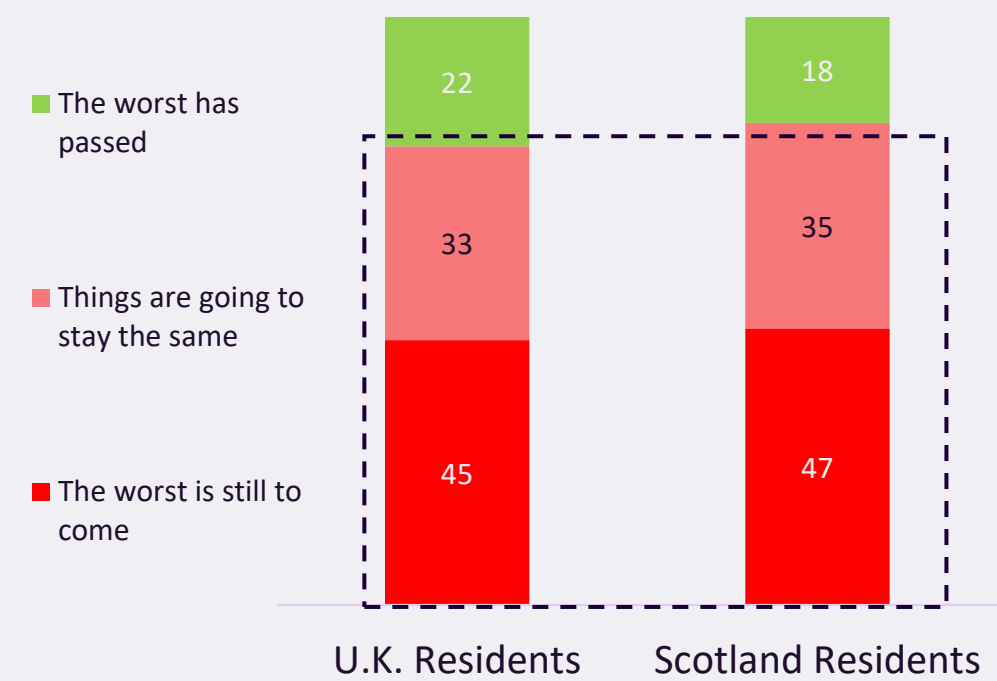
This report

This presentation is based on research conducted in Waves 60-63 (July to October) with references to previous waves where applicable.

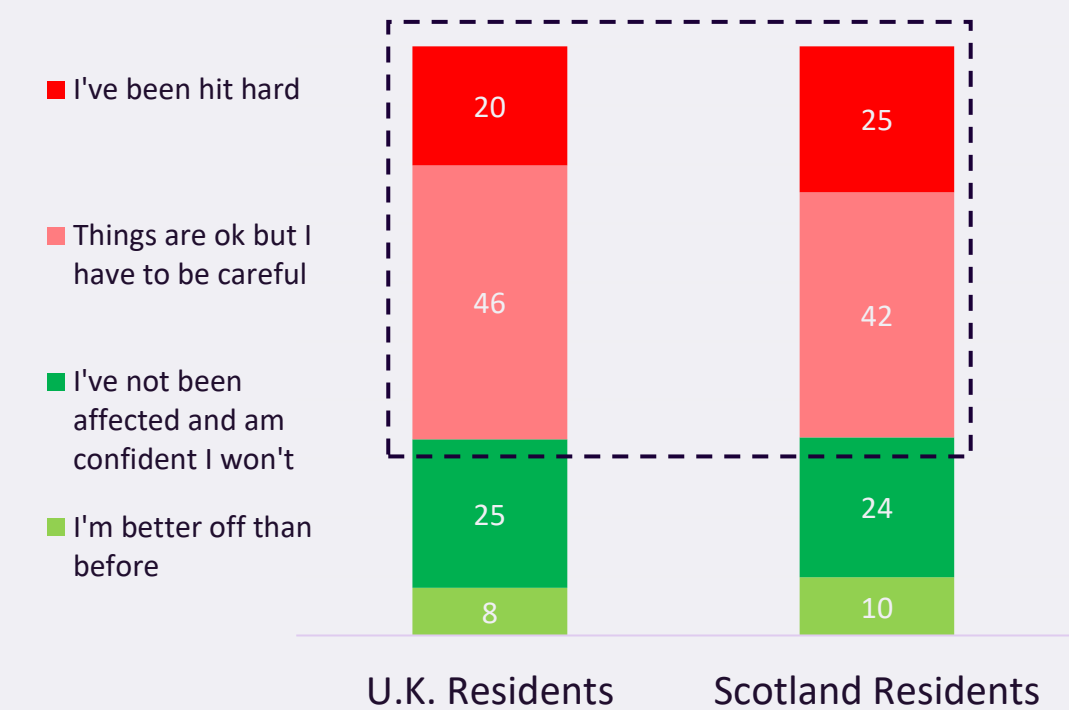
CURRENT ATTITUDES TO THE COST-OF- LIVING CRISIS

The UK and Scottish public remain broadly pessimistic in relation to the cost-of-living crisis, and it is clearly impacting their behaviour

Perceptions of the cost of living crisis (%)

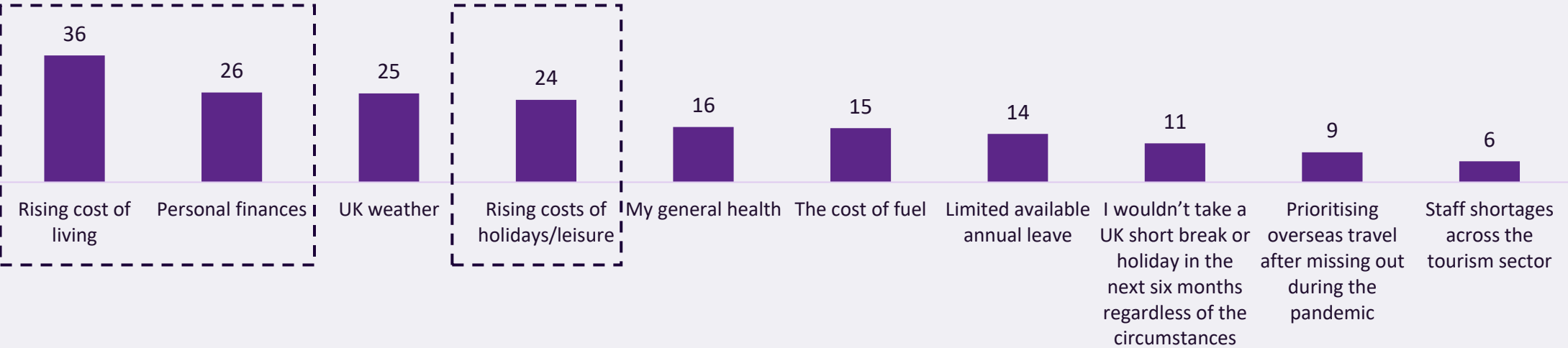


Impact of the cost of living crisis (%)



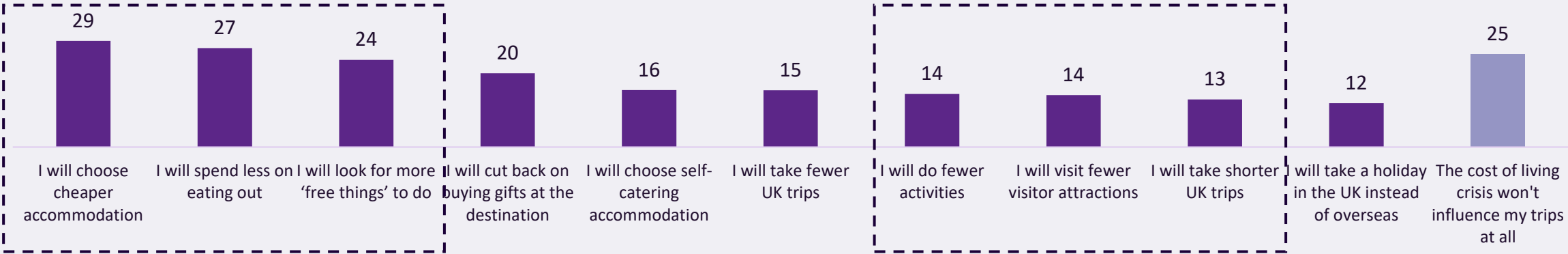
Finances are still the main barriers to taking a domestic holiday or short break in the next six months

Top 10 Barriers to taking an overnight UK trip in next 6 months (%)



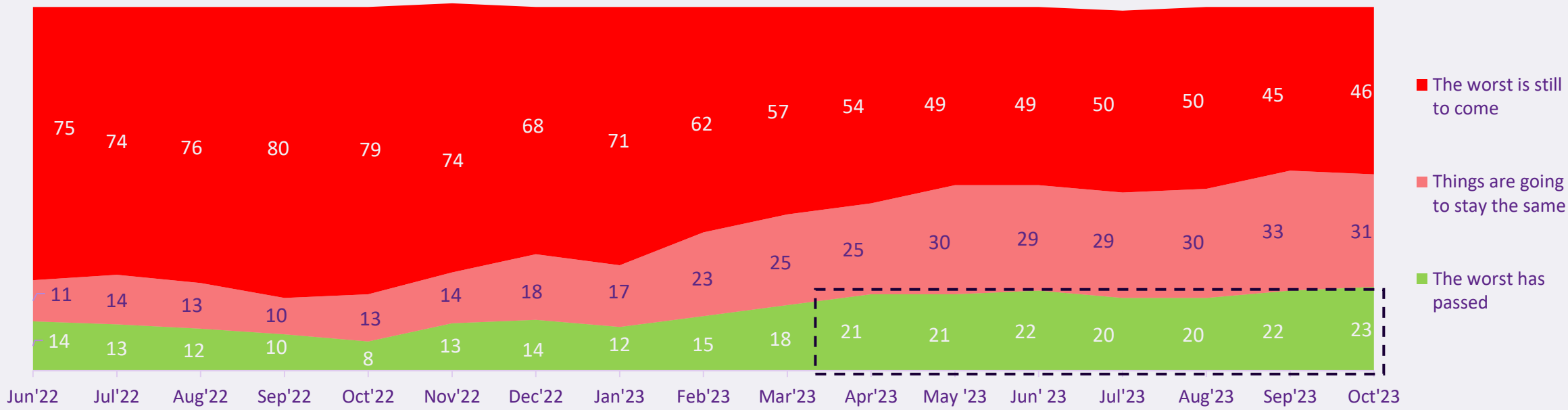
This doesn't necessarily mean that people won't take trips – but it's very likely they will cut back on their spending on the trip (particularly on accommodation and eating out)

‘Cost-of-living’ impact on UK holidays and short breaks (%)



Despite the public still being concerned, there are signs of increased optimism – although the over-riding sense is of ‘stasis’, ‘the worst has passed’ barely moving since April 2023

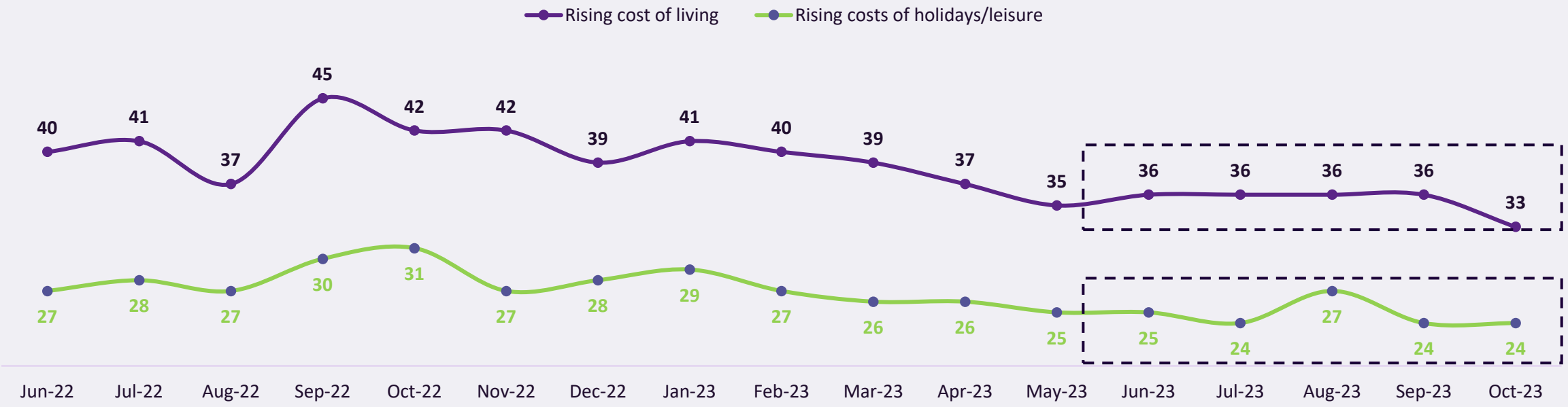
Perceptions of the cost-of-living crisis over time (%)



Q7b: And now regarding the ‘cost-of-living crisis’ in the UK and the way it is going to change in the coming few months, which of the following best describes your opinion? Base: All UK respondents. n=c.1,750. All Scotland respondents n=c.268

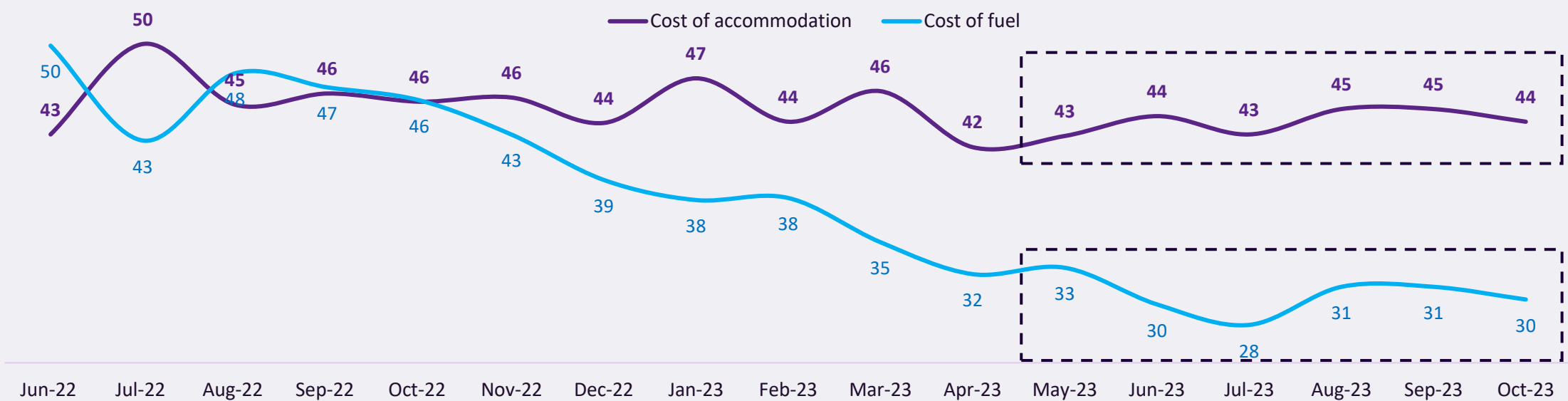
This sense of stagnation is also evident in financial barriers to taking overnight trips – barriers that had been declining up until May, are currently unmoved

Selected financial barriers to an overnight trip in the UK in next 6 months (%)



The picture is similar with ‘cost of accommodation’ as a barrier and even ‘cost of fuel’ which had dropped sharply prior to April

Selected individual costs barriers to taking UK holidays and short breaks in next 6 months (%)

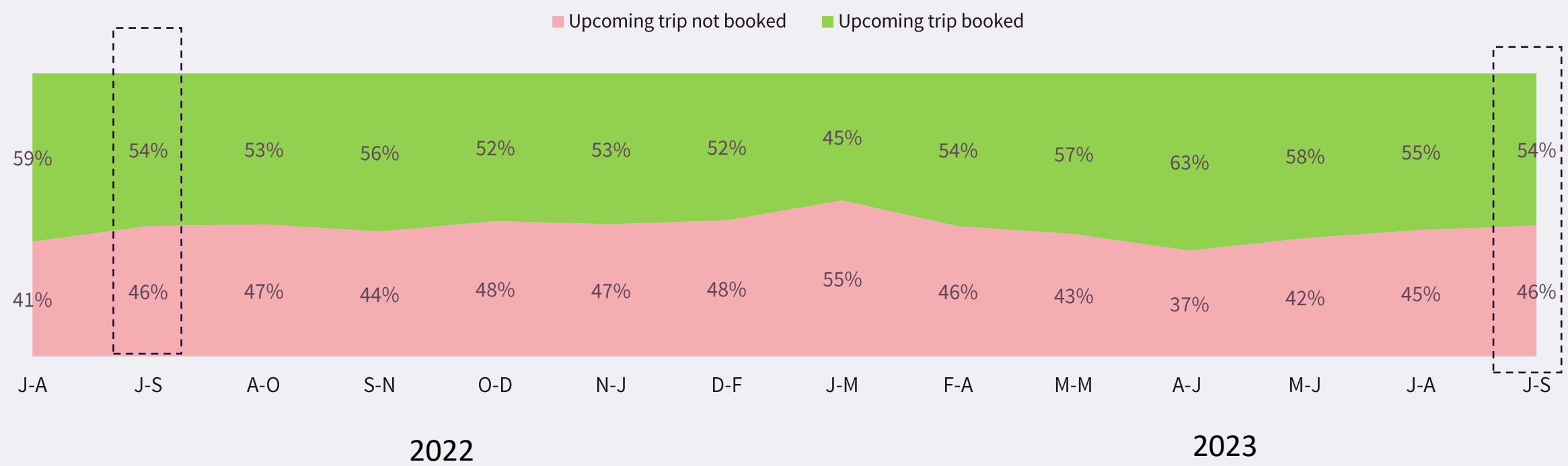


VB7iii. How, if at all, would you say the ‘cost-of-living crisis’ is likely to influence your UK short breaks or holidays in the next six months?

Base: All UK respondents. n=1,756; All Scotland respondents n=268.

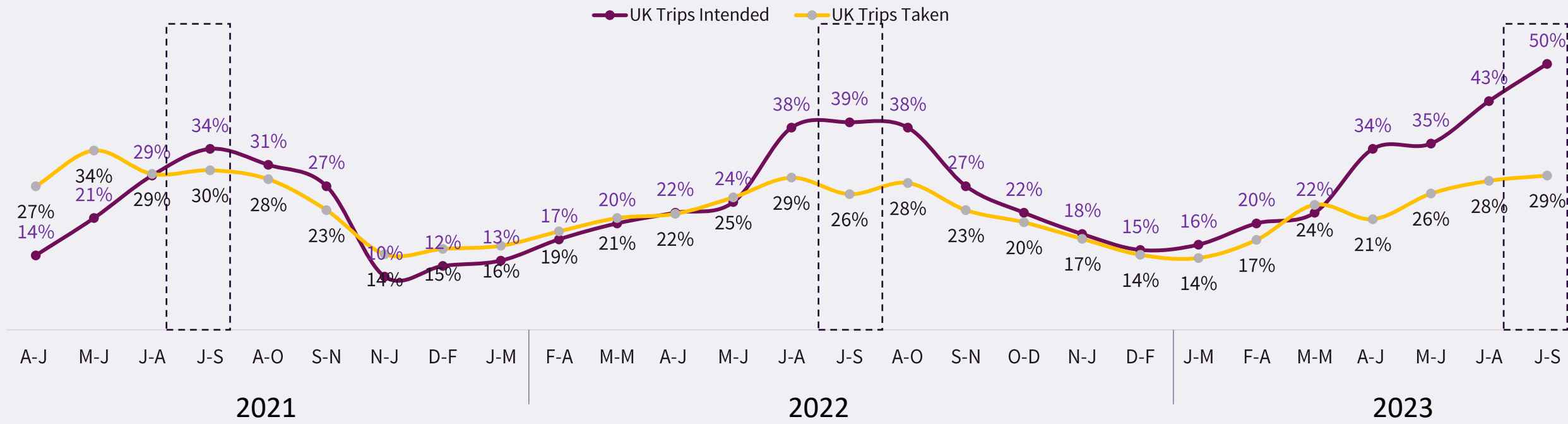
It is important to note that at any given time in since June 2022, only around half of planned trips are booked within 3 months of taking them

Booking status of trips planned within next 3 months (%)



One of the unforeseen research consequences of the cost-of-living crisis is that people are not following through with the trips they have planned

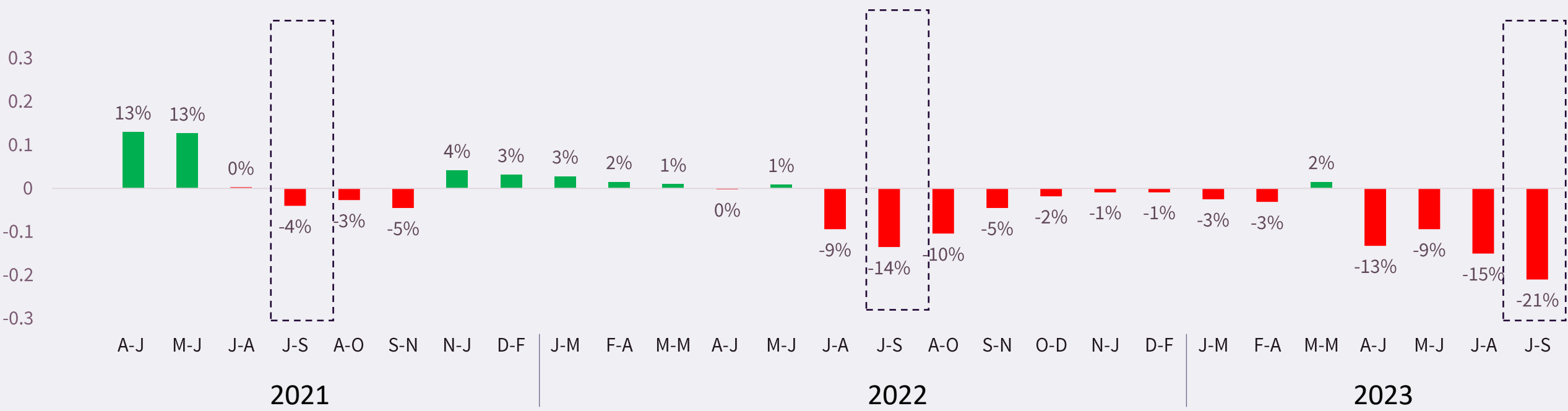
UK trips planned/taken in 3 month periods (%)



VB2a. Thinking of the next UK/overseas holiday or short break you are likely to take, when are you likely to plan, book and go on this trip?
Base: All UK respondents. n=1750 each wave *Actual trips taken is only available from April 2021 up to December 2022. Please note questionnaire was updated in April 2023 so there may be some artificial up

...this leads to a huge drop-off in trips against intentions, particularly within the peak months, meaning our predictions need to be heavily caveated

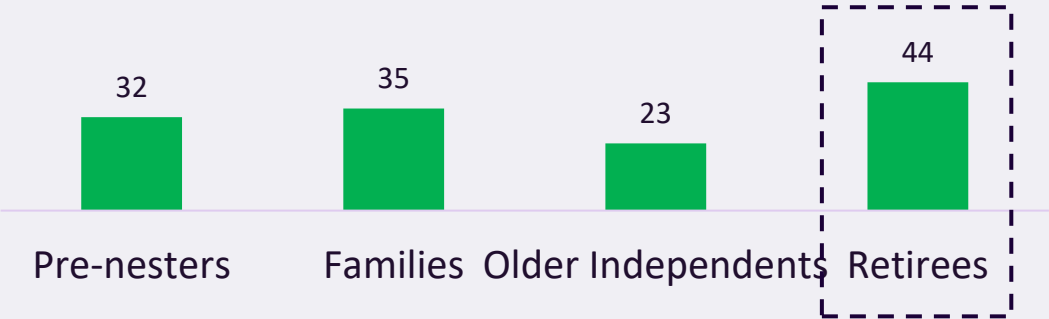
Net difference in trips planned/taken in 3 month periods (%)



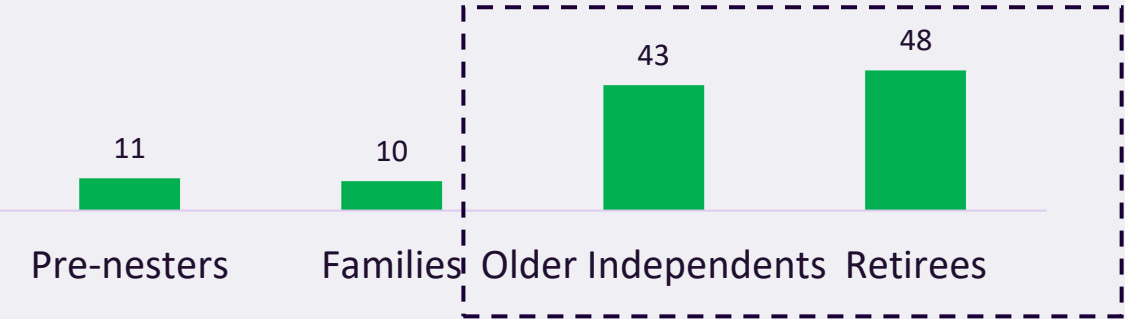
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The picture is not uniform across life stage though – retirees less likely to be impacted by cost-of-living, to claim no barriers to a trip, and to have booked a trip

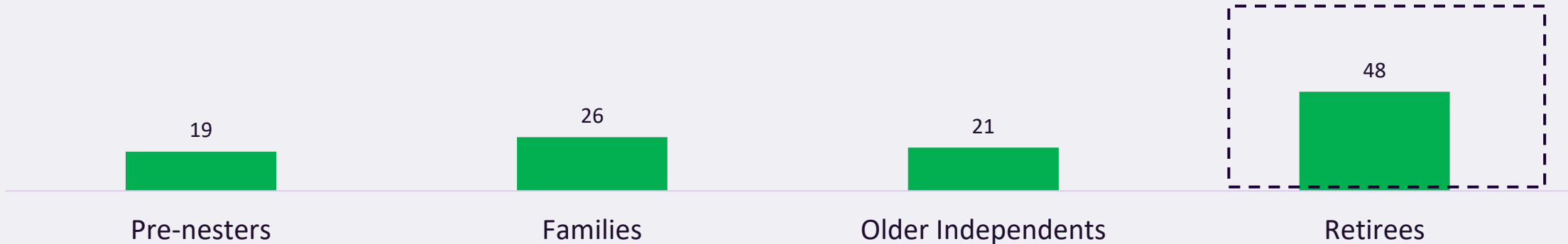
Not impacted by cost-of-living crisis (%)



No barriers to domestic holidays (%)

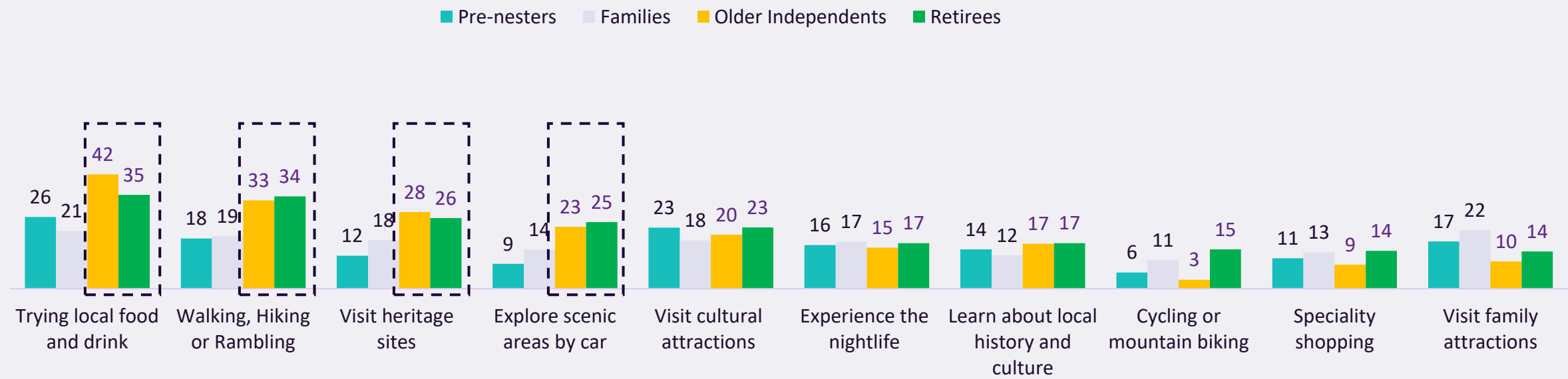


Already booked my next planned domestic trip (%)



There are strong implications of a domestic trip-taker with an ‘older skew’ – local food and drink, walking, heritage and exploring scenic areas all more important

Motivations for domestic autumn/winter breaks (%)



VB6fiii. Which, if any, of these activities are you likely to do on your next UK short break or holiday in <month>]? Base: All intenders planning to take a trip exclusively in Scotland. Base: All intenders planning to take a trip exclusively in Scotland. All Scotland autumn/winter 2023 intenders n=97

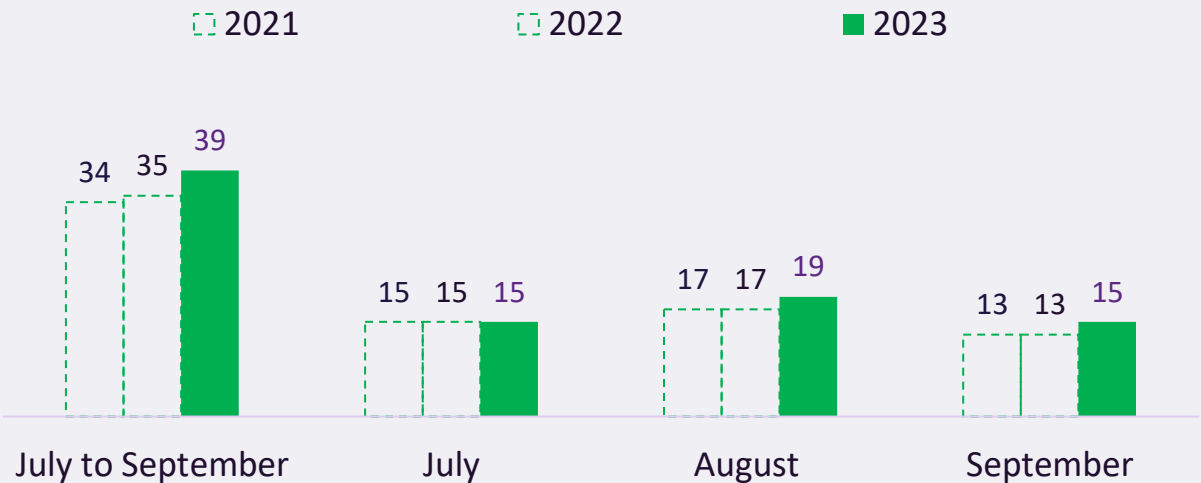


Reflections on the
summer

The overall trip-taking picture from the summer is positive – more UK residents took overnight trips in 2023 than in 2022 or 2021

Overnight trip-taking amongst the UK public is inching upwards

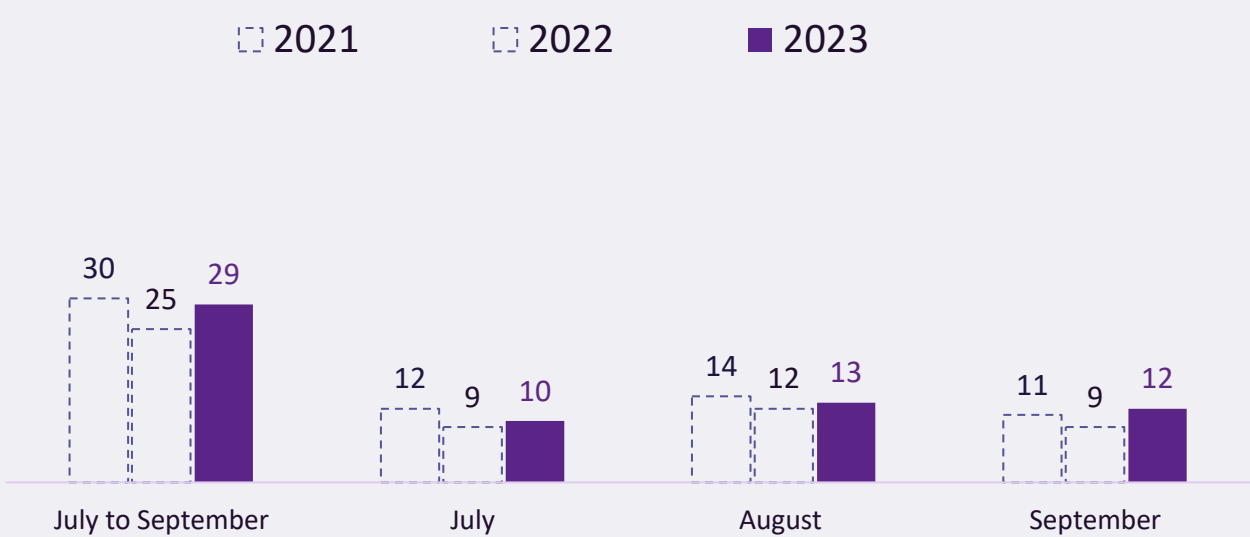
All overnight trips taken this summer (UK and OVERSEAS)



The picture is also relatively positive at a UK level – more took trips in 2023 than in 2022, driven by September. However, it’s likely trip-takers cut back on costs when doing so.

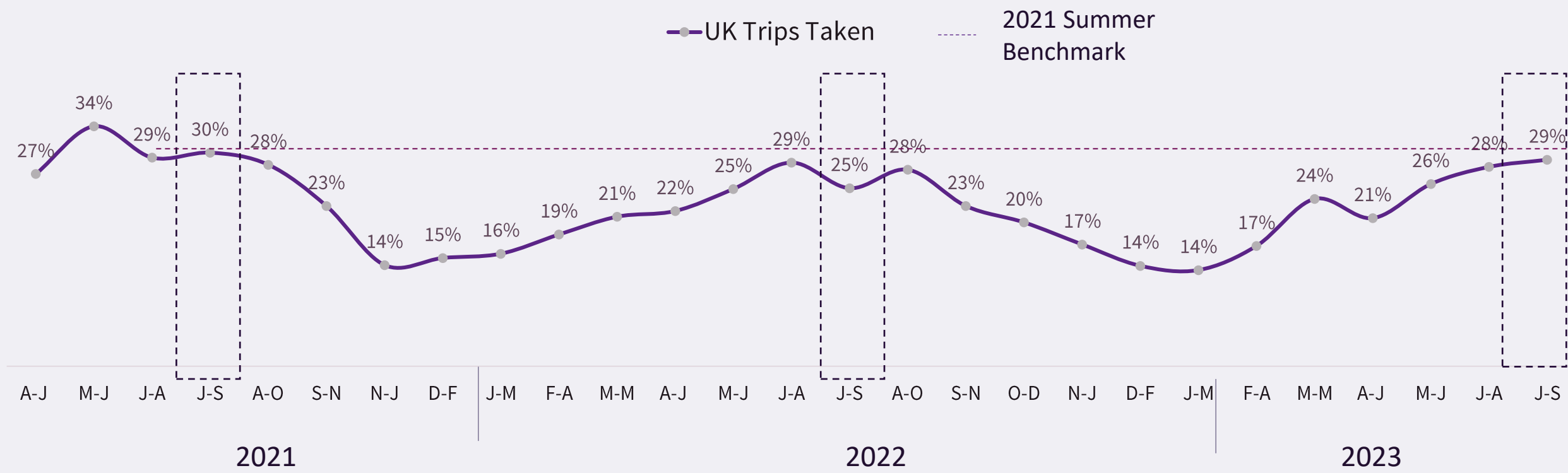
UK trips increased slightly – driven by September – although the picture is flat

Proportion taken a UK overnight trip (%)



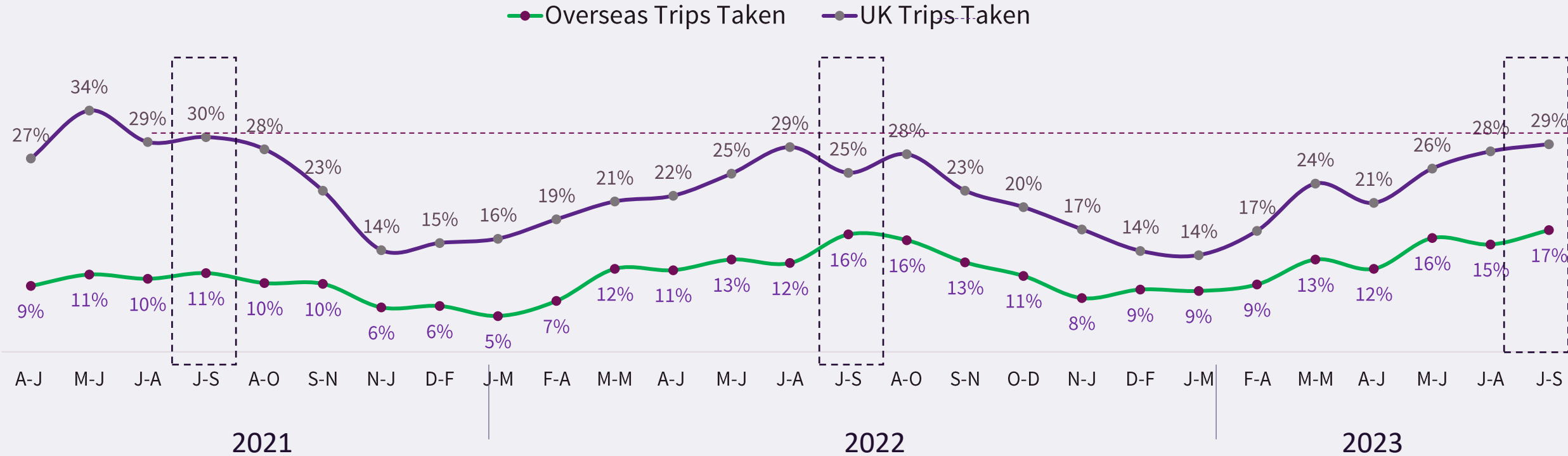
That said, over time the picture is relatively flat with ‘the heights’ of spring/summer 2021 not hit in either 2022 or 2023

**UK overnight trips taken in last 3 months trended over time
(Proportion of population)**



There is also evidence that the gap between UK and overseas travel is closing – although cost-of-living is likely holding overseas travel back somewhat

UK overnight trips taken in last 3 months trended over time
(Proportion of population)

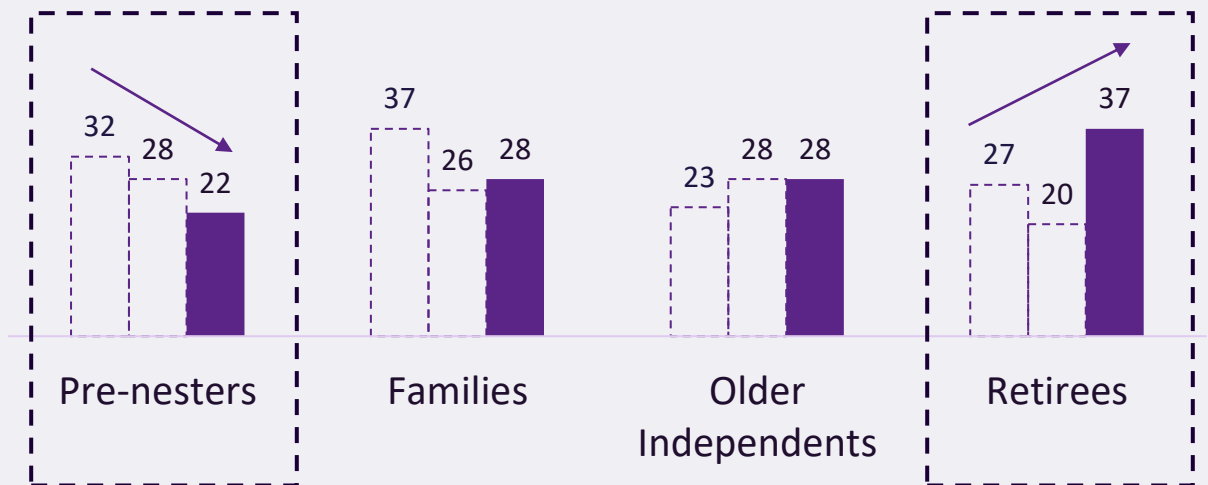


Pre-nesters are significantly less likely to be taking domestic summer trips, with retirees significantly more likely to – aligning with cost-of-living indicators

There has been a clear
shift in life stage
representation

Proportion taken a UK overnight trip by life stage (%)

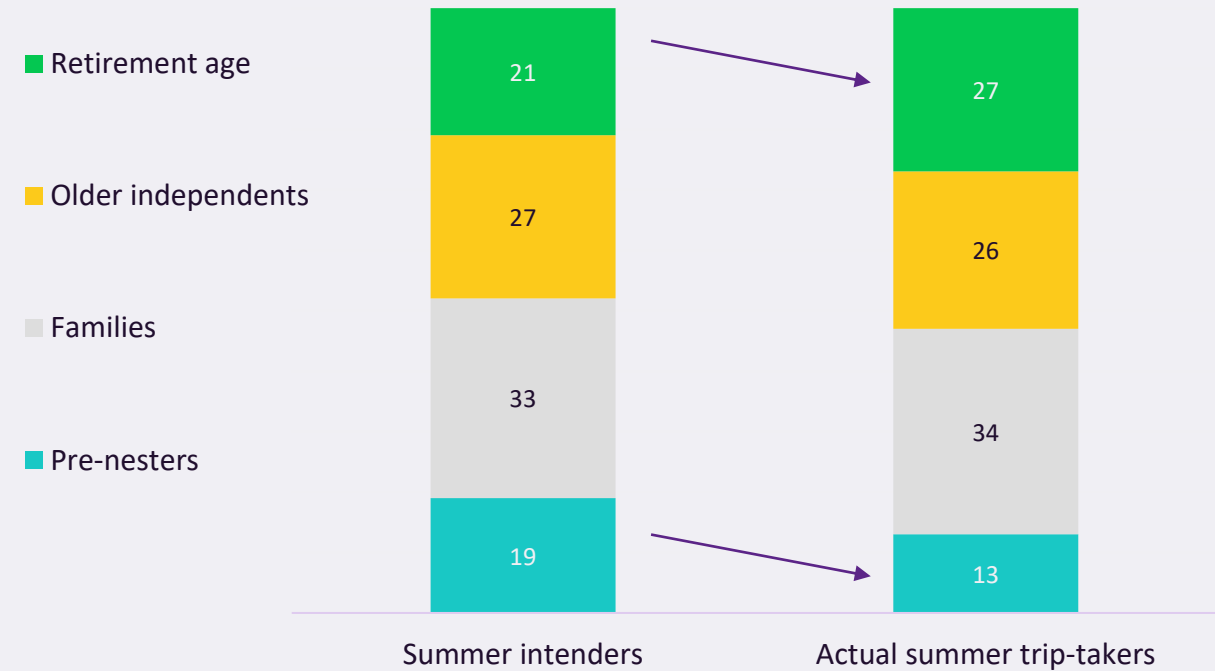
2021 2022 2023



The fall in younger life stages and rise in retirees also accounts for the fall into intended versus actual trip-takers

The summer trip profile also supports the theory that retirees are more likely to follow-through on trips

UK domestic summer trip-takers versus actual trip-takers (%)



The picture in Scotland was relatively flat – although again, this will not account for moderation in spending, trip-length or accommodation choice

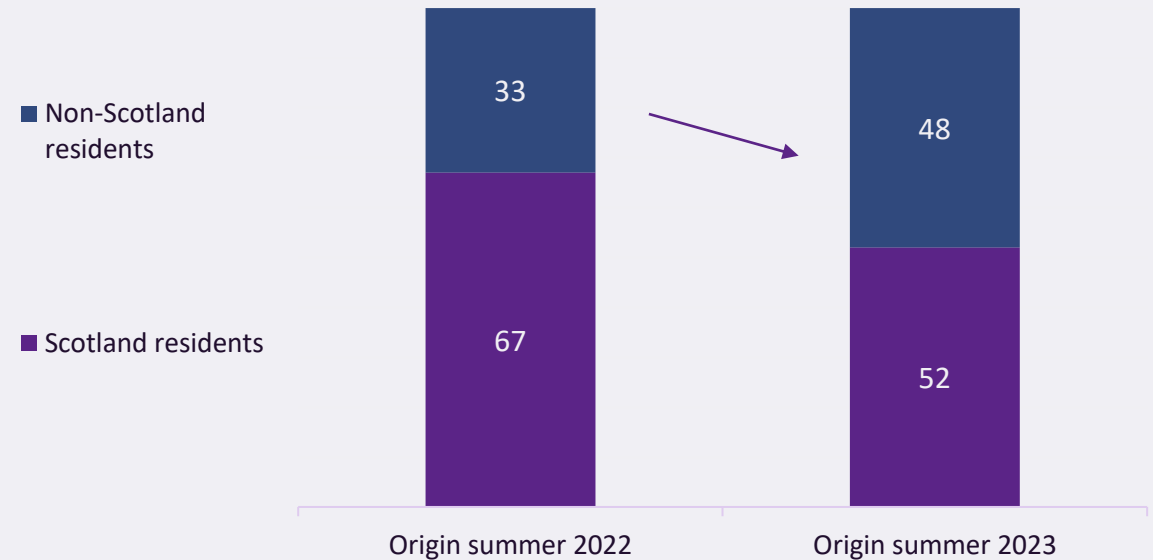
Where stayed on most recent summer overnight trip (%)



One positive development was the shift in non-Scotland residents travelling to Scotland compared to 2022

People appear to be travelling further afield – likely a return to pre-pandemic behaviour

Scotland summer trip-takers by region of residence (%)

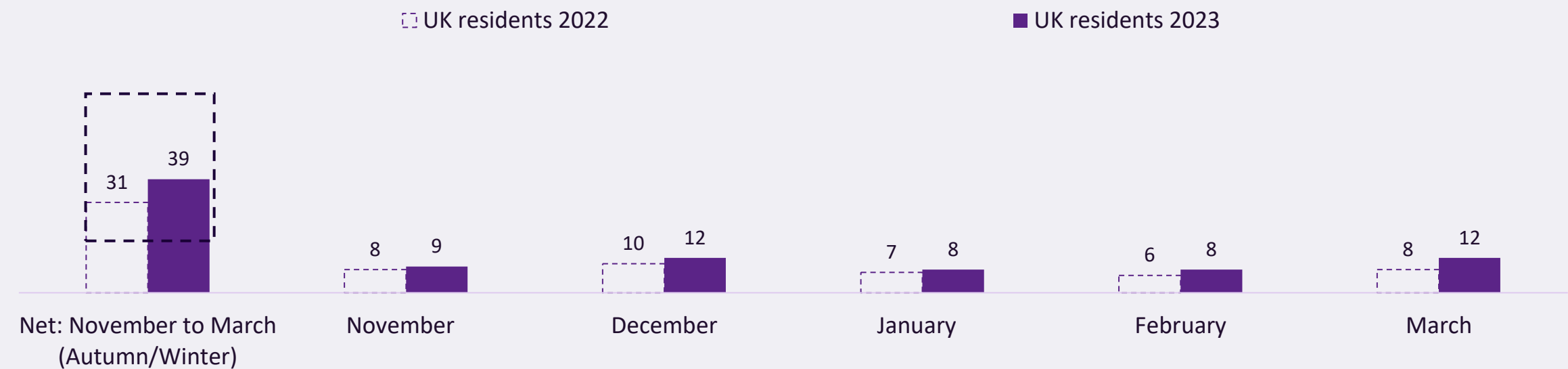


An aerial photograph of a stunning coastal landscape. A wide, golden-sand beach curves along the edge of a vibrant turquoise sea. The water transitions from a shallow, clear green near the shore to a deep, rich blue further out. In the distance, rugged green cliffs and small islands are scattered across the horizon. The sky is a clear, bright blue, dotted with soft, white clouds. The overall scene is one of natural beauty and tranquility.

Travel intentions for
autumn/winter
(November to March)

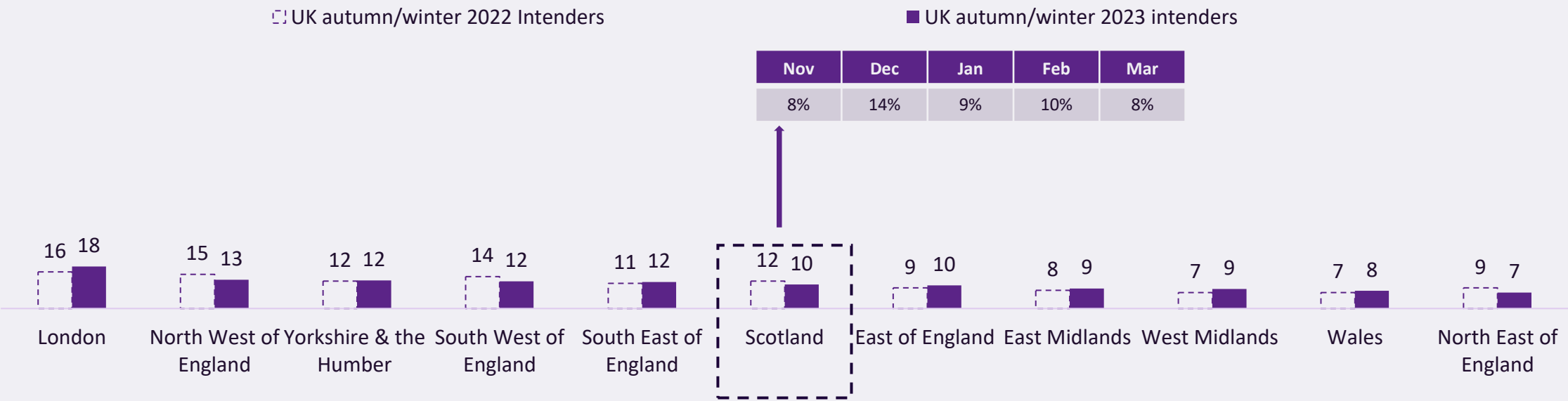
2 in 5 of the UK population plan on taking a domestic holiday or short break this autumn/winter – a rise on 2022 (although actual trips are likely to be lower)

Proportion anticipating going on any overnight UK trips (%)



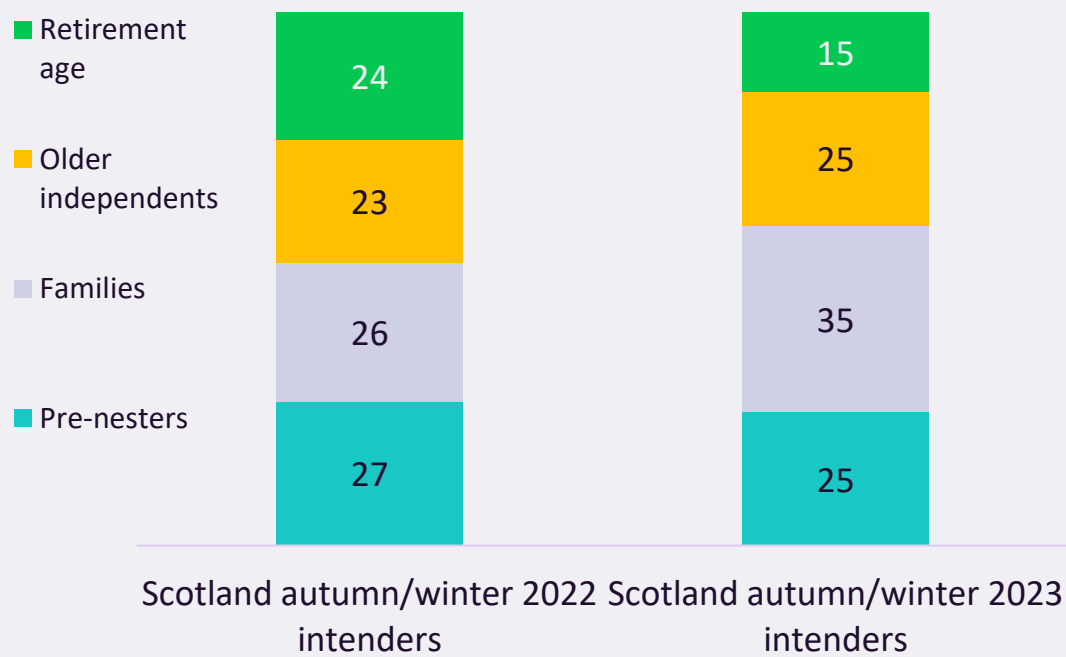
10% of trip-intenders plan on travelling to Scotland – a slight, but not significant, drop on 2022. December is the most popular month for a Scotland trip

Where planning on staying on next UK overnight trip in autumn/winter (%)

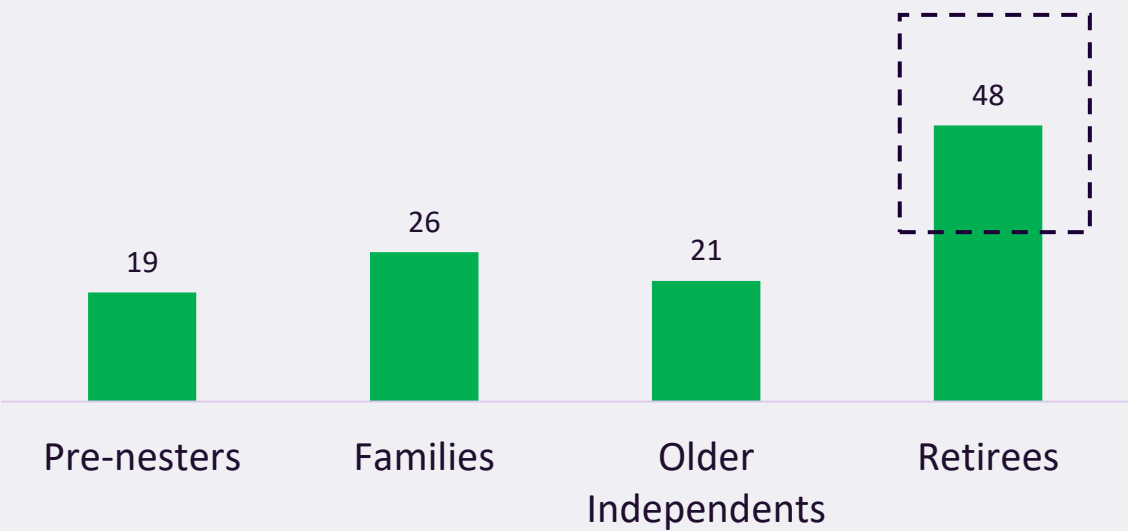


Families make up the largest proportion of Scotland-intenders, retirees the smallest – but with retirees twice as likely to have booked, it’s likely they will be better represented for actual trips

Breakdown of Scotland intenders by life stage (%)

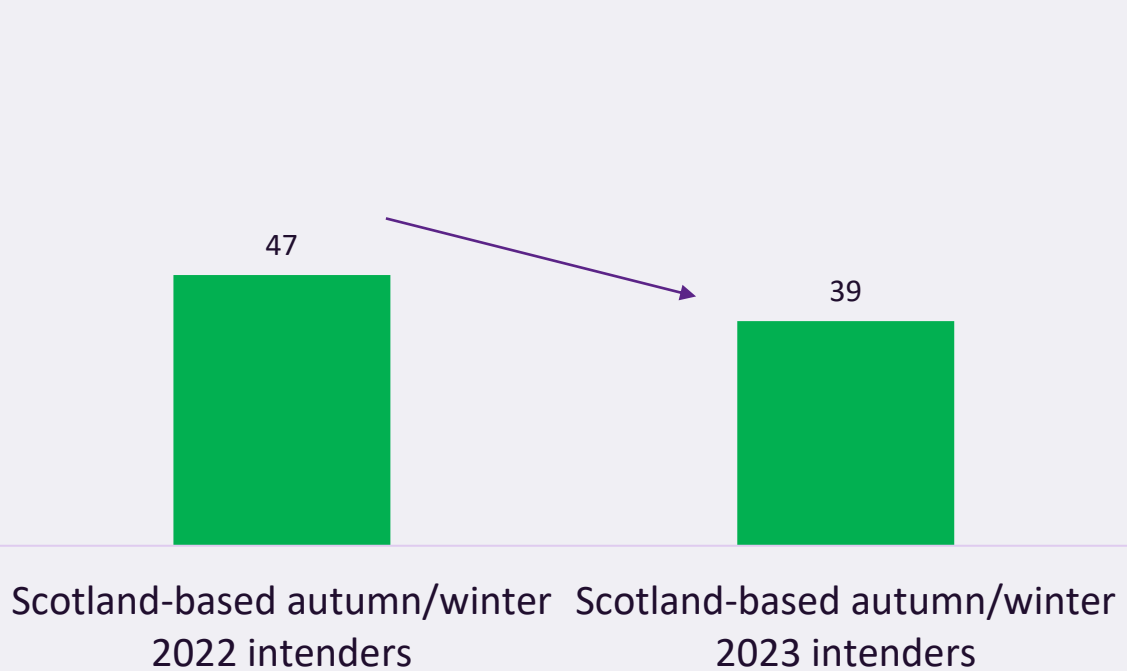


Already booked my next planned Scotland domestic trip (%)

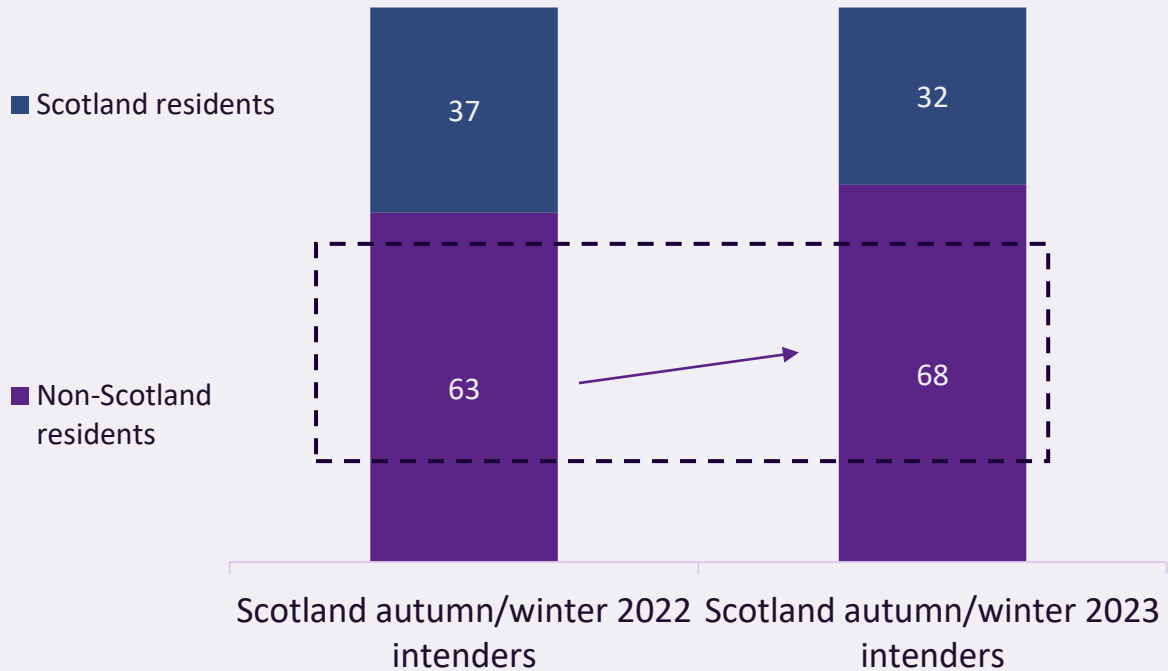


The summer shift in non-Scottish residents is also apparent this autumn/winter. Scotland residents appear to be more interested in trips outside Scotland than in 2022, with non-Scotland based residents also going further afield

Scottish residents planning a domestic break in Scotland (%)



Origin of Scotland intenders by region of residence (%)



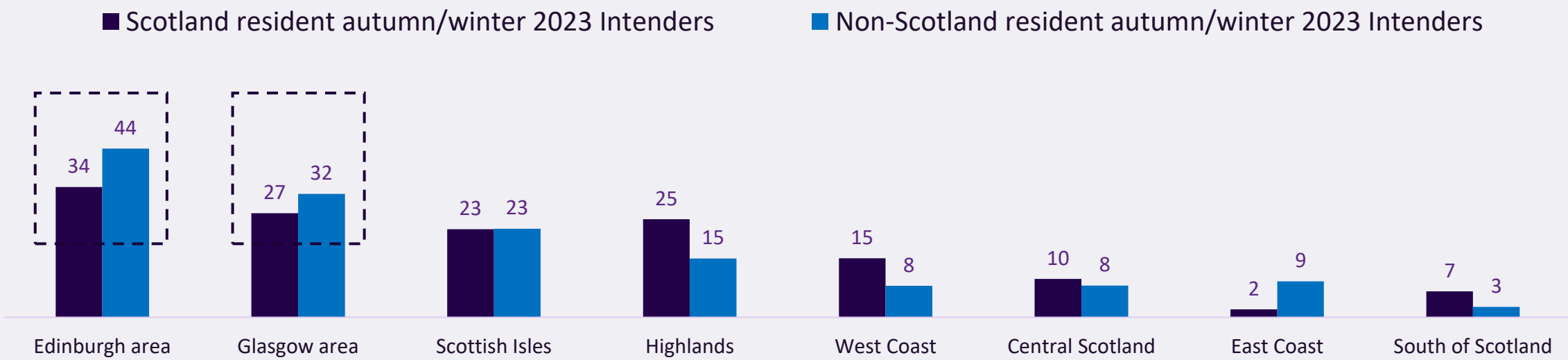
Edinburgh and Glasgow are the leading destinations for autumn/winter breaks, with interest in Scottish Isles also higher, and Highlands interest lower

Planned destination for Scotland autumn/winter intenders (%)



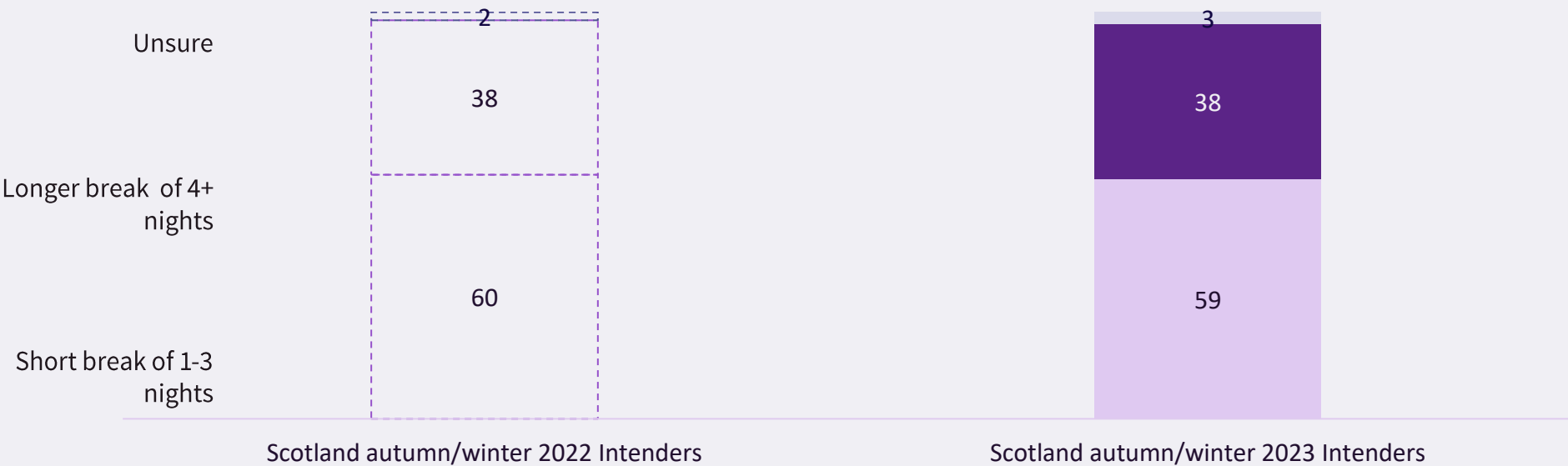
Notably, the appeal of Scotland’s cities is also strong amongst Scotland residents for the first time since this research programme started.

Planned destination for next Scotland trip for autumn/winter intenders (%)



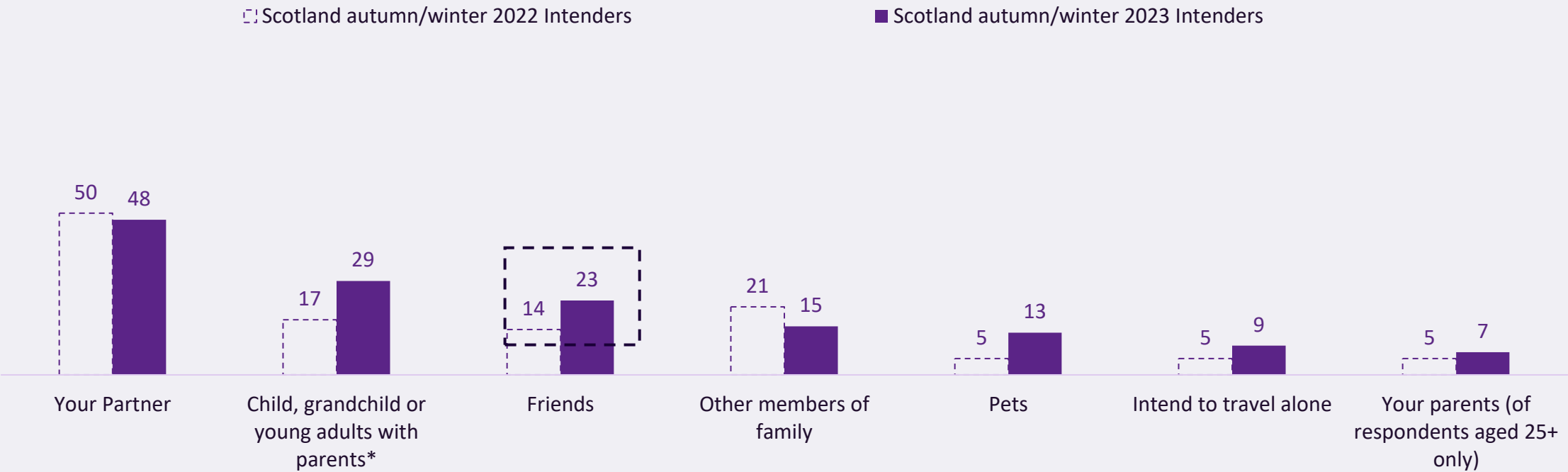
The majority of autumn/winter trips are likely to be short breaks of 1-3 nights – near identical to 2022

Length of next autumn/winter holiday or short break in Scotland (%)



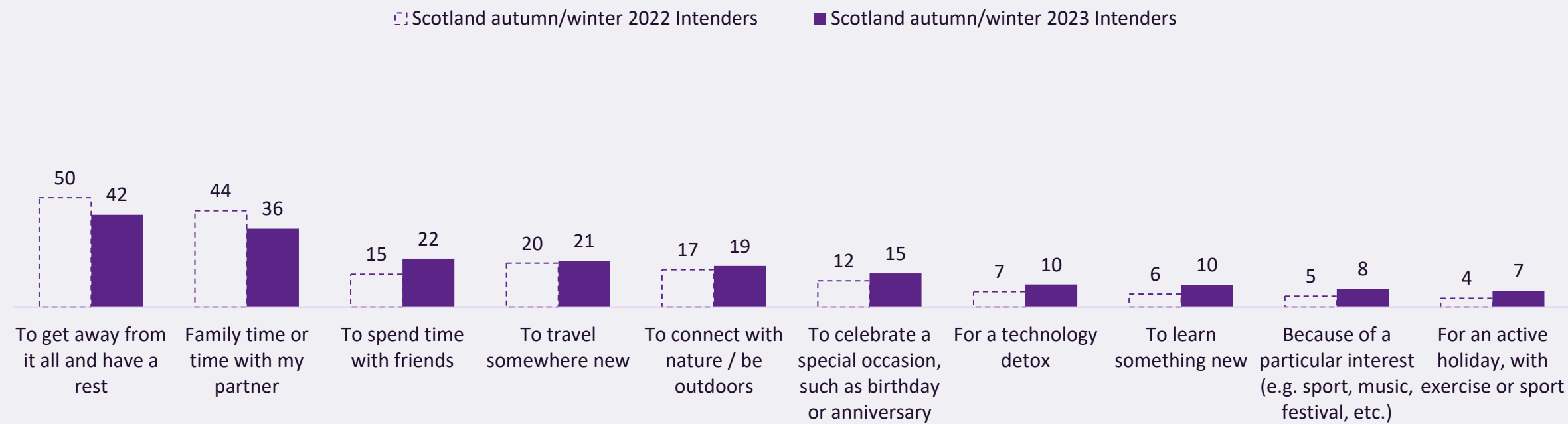
Scotland intenders are most likely to travel with a partner, although there has been an increase in trips planned with children, friends or pets

Visitor party make-up for Scotland autumn/winter intenders (%)



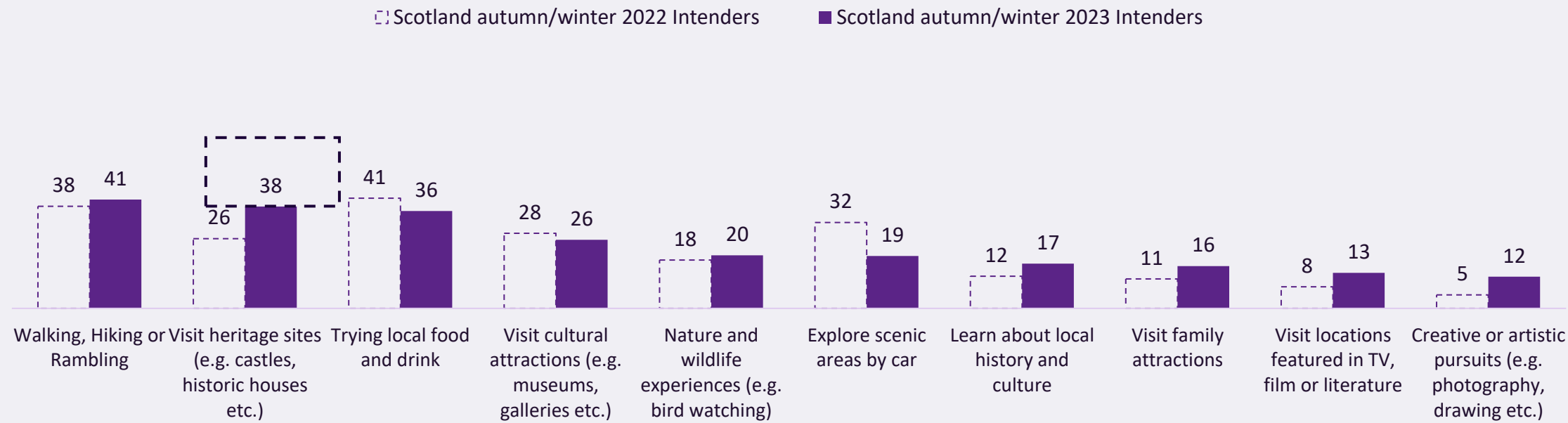
Social motivations dominate – be it with family or friends – with ‘travel somewhere new’ or ‘connecting with nature’ also important

Motivations for Scotland autumn/winter overnight trip (%)



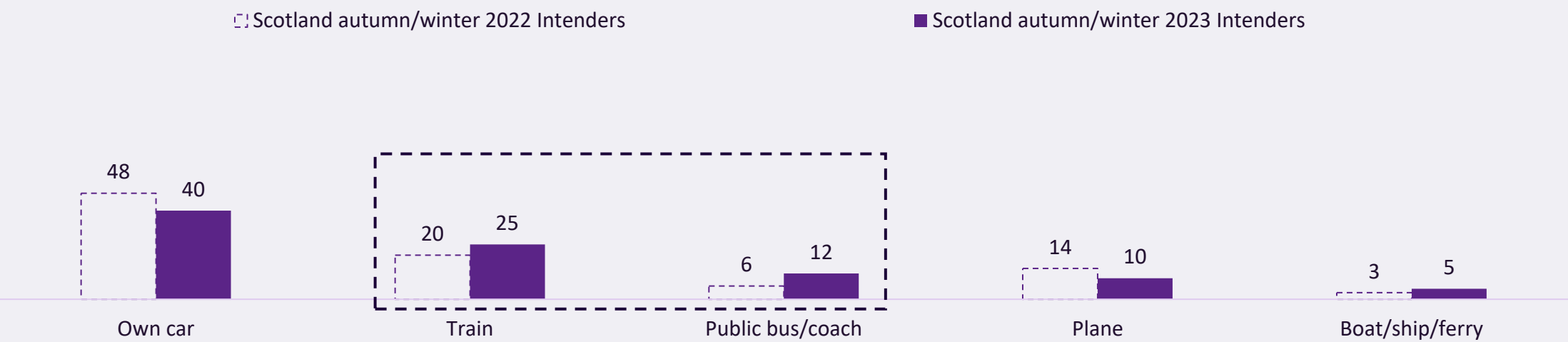
‘Walking, hiking or rambling’, ‘visiting heritage sites’ and ‘trying local food and drink’ are the leading three activities planned – heritage higher than in 2022

Activities for Scotland holidays and short breaks in autumn/winter (%)



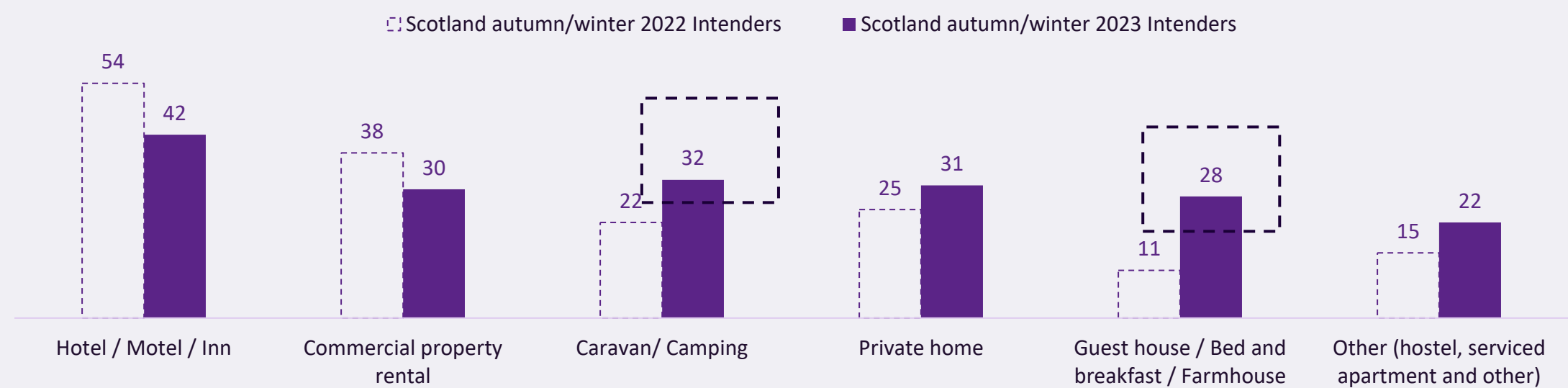
Mode of transport remains relatively consistent with 2022, with a slight rise in those planning on using public transport (driven by city destinations)

Top 5 main modes of travel of destination for trip in autumn/winter (%)



Notably, the intention to stay in a hotel/motel/inn is lower than in 2022, with private homes and guest houses/B&Bs rising. An indication of a more cost-conscious trip-taker perhaps?

Accommodation planning on staying in on next UK overnight trip for Scotland
autumn/winter intenders (%)

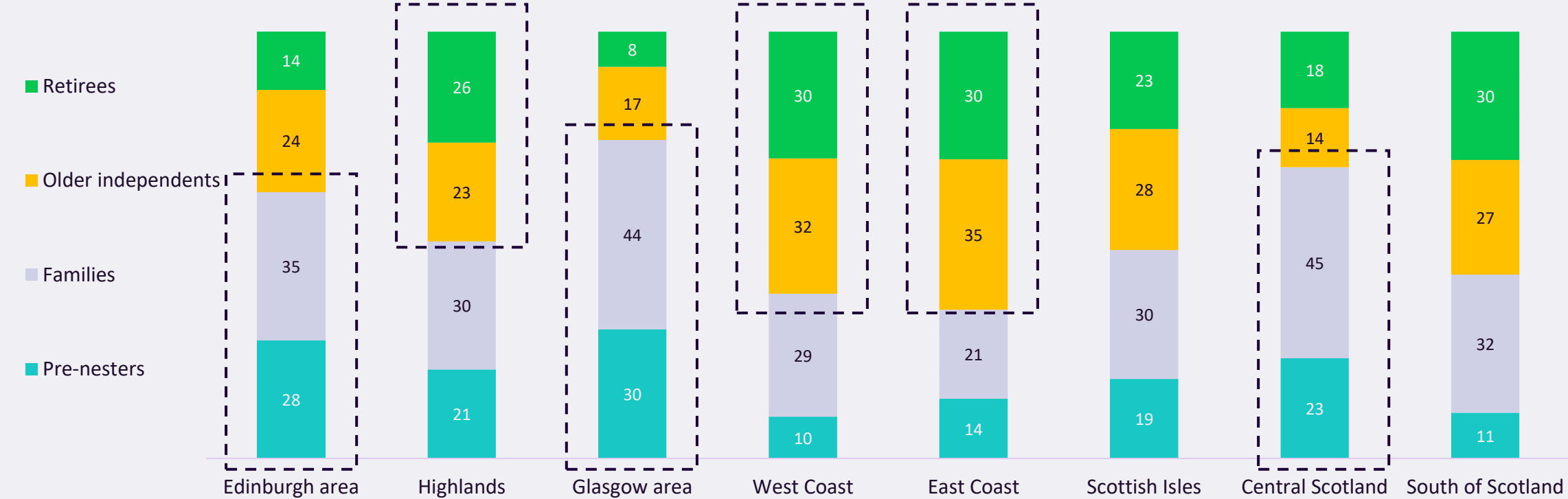


Destination profiles



Life stage breakdown by Scotland destination – all next year intenders

Life stage breakdown of destination interest across the whole year (%)



Profile difference by Scotland destination – all next year intenders

Edinburgh area	Glasgow area	Highlands	West Coast	East Coast
Profile <ul style="list-style-type: none">• Younger• Live in London	Profile <ul style="list-style-type: none">• Younger• Live outside Scotland (not London)	Profile <ul style="list-style-type: none">• Majority older• Live in Scotland	Profile <ul style="list-style-type: none">• Older• Scotland/North of England based	Profile <ul style="list-style-type: none">• Older• Scotland/North of England
Motivations/activities <ul style="list-style-type: none">• Family time• Time with friends• Cultural activities	Motivations/activities <ul style="list-style-type: none">• Family time• Time with friends• To pursue an interest	Motivations/activities <ul style="list-style-type: none">• Family time• Getting away from it all• Nature-based activities• Exploring by car	Motivations/activities <ul style="list-style-type: none">• Family time/escape• Nature-based activities	Motivations/activities <ul style="list-style-type: none">• Family time• Getting away from it all• Nature-based activities
Trip composition <ul style="list-style-type: none">• Travel with friends• Shorter trip length• Staying in a hotel	Trip composition <ul style="list-style-type: none">• Travel with friends• Shorter trip length• Staying with friends or relatives	Trip composition <ul style="list-style-type: none">• Travel with partner• Slightly Longer trips• Commercial property rental	Trip composition <ul style="list-style-type: none">• Travel with your children• Longer trip• Caravan/camping	Trip composition <ul style="list-style-type: none">• Travel with children• Mix of trip lengths• Staying with friends or relatives

Profile difference by Scotland destination – all next year intenders

Scottish Isles	Central Scotland	South of Scotland
Profile <ul style="list-style-type: none">• Older• Live in Scotland	Profile <ul style="list-style-type: none">• Families• Scottish based	Profile <ul style="list-style-type: none">• Majority older• Live in North West England
Motivations/activities <ul style="list-style-type: none">• Family time• Getting away from it all• Nature-based activities	Motivations/activities <ul style="list-style-type: none">• Family time• A range of activities	Motivations/activities <ul style="list-style-type: none">• Nature and heritage activities
Trip composition <ul style="list-style-type: none">• Travel with family• Longer trip length• Staying in commercial rental	Trip composition <ul style="list-style-type: none">• Your children• Longer trip length• Staying in hotel	Trip composition <ul style="list-style-type: none">• Travel with partner, pets and friends• Majority short breaks• Staying in commercial rental

KEY FINDINGS AND DISCUSSION POINTS



SUMMARY OF KEY FINDINGS

**TRIP INTENTION IS STRONG
- THE PUBLIC ARE *CUTTING BACK ON SPEND* RATHER
THAN *GIVING UP* ON
DOMESTIC TRIP-TAKING**

**ACCOMMODATION IS THE
FIRST AREA WHERE PEOPLE
WILL CUT BACK, FOLLOWED
BY LOOKING FOR MORE FREE
THINGS TO DO, AND PLACES
TO EAT OUT**

**BOOKING LEAD-TIMES DIFFER
BY LIFE STAGE (YOUNGER
BOOKING LATER) – CAN
MARKETING OR PRICING
REFLECT THIS?**

**THE SCOTTISH VISITOR IS
MORE LIKELY TO COME FROM
THE REST OF THE UK THAN
PREVIOUS YEARS, WITH AN
OLDER SKEW**

**THIS OLDER, NON-SCOTTISH
VISITOR IS LIKELY TO LOOK
FOR A MORE AUTHENTICALLY
SCOTTISH EXPERIENCE**

**SCOTLAND'S CITIES LOOK TO
HAVE RETURNED TO
POPULARITY, EVEN AMONGST
SCOTS!**

