SUNDAY 22 OCTOBER

Uppat Quarry, through Uppat woods, Cagar Feosaig, Duchary Rock, Carrol Broch and Loch Brora, back via Dubh Lochs to Uppat House. Approx. 16km / 10 miles, 500m / 1640ft. climb, mainly track, path and rough moor. **Grid Ref : NC 8783 0204**

Leader: Stan Holroyd: 01408 621370 / 07890 352804

Self-guided shorter low level walk in Uppat and Dunrobin Woods.

Car Share: Bonar Bridge PO 09.00 : Golspie 09.45

Park at end of Queen's Drive near Uppat Quarry, coming north turn left off A9 at Strathsteven, 1.2km after Carn Liath Broch. Walks start at **10.00**

SUNDAY 26 NOVEMBER

Achany & Rosehall Turbine Toddle. Start point **OS 16 523 018** Rosehall Windfarm Track. Walk mainly Windfarm Track, a short bit of rough hill and some quiet road walking to finish.

Approx. 14.5km / 9 miles, circular.

Leader: David Hannah: 01863 766061

Optional self-guided walk at Rosehall Trails. **OS 16 480 016** Car Share: Brora Co-op 09.30 : Golspie 09.45 : Lairg 10.15 :

Ardgay Station 09.40 : Bonar Bridge PO : 09.45

The walks start at 10.30

SUNDAY 10 DECEMBER : Christmas Special

Round Rogart Path. OS 16 726 019

Approx. 7km / 4.5 miles, tracks and fields.

<u>Leaders</u>: Patricia Hannah 01863 766061 & Jean Mezzetti 01862 810422 Optional self-guided flat walk from Rogart via Rovie to Dalmore and return (the last section of the Rogart Path).

Car Share: Bonar Bridge PO 09.30: Golspie 09.40: Brora Co-op 09.30: Dornoch Square 09.30: Lairg 09.40 The walks start and end by the PO Stores and Mart in Rogart. Parking should be available there. The walks start at **10.00** Lunch after the walk to be confirmed.

- Please contact Walk Leaders nearer the time if further details of walks are required.
- Non-members are advised to contact the Walk Leader the day before the walk, to confirm that it is taking place.
- Please pre-book attendance on walks with the secretary.

SUNDAY 28 JANUARY

Maryburgh Circuit. OS 26 541 557

Paths and tracks alongside River Conon, to include circuit around

Dunglass Island. Approx. 12km / 7.5 miles, circular.

Leader: Jon Jenkins: 07487 675049

Optional shorter half distance self-guided walk along the same paths to

Dunglass Island and return.

<u>Car Share</u>: H Bargains, Tain 09.15 (Park at rear): Ardgay Station 09.15 Car Parking: A832 through Maryburgh, over Conon Bridge, then into

first right turning. The walks start at 10.15

SUNDAY 25 FEBRUARY

Balnacoil to Pollie. OS 17 807 111 Also on OS 444

Approx. 13-16km / 8-10 miles, linear track, near to Black Water towards Pollie and return.

Leader: Jon Jenkins: 07487 675049

Optional shorter self-guided walk along same path to waterfalls & return.

Car Share: Golspie 09.30: Brora Co-op 09.45: Rogart 09.45:

Ardgay Station 09.30. Parking on grass near bridge over River Brora at

Balnacoil. The walks start at 10.15

AGM

Wednesday, 6th March 2024 : 7.30 pm Dornoch Social Club : Main Hall

SUNDAY 24 MARCH

Rosehaugh Estate. OS26 & OS27 Start OS 27 728 568

Fortrose to Avoch via Rosehaugh Estate, return to Fortrose on the old railway line, short uphill section out of Fortrose, woodland, estate tracks and return via the railway line. Approx. 12km / 8 miles, circular.

The walk starts at the car park in Fortrose, by public toilets, at 10.30

Leader: Patricia Hannah: 01863 766061

Self-guided low level options: Fortrose to Avoch via the old railway line and return, or Fortrose to Chanonry Point and return.

<u>Car Share</u>: Bonar Bridge PO 09.30 : Ardgay Station 09.35 : Golspie 09.30 : Brora Co-op 09.15 : Dornoch Square 09.30

- The Bonar Bridge Car Park is on Lairg Road, opposite the Post Office
- The Golspie Car Park is on Fountain Road
- The Lairg Car Park is on Main Street, opposite the Chemists

CHAIRMAN

Jon Jenkins : 01862 810382

Knockglass Skelbo

DORNOCH IV25 3QF

VICE CHAIRMAN

Annette Parrott: 01549 402095

The Croft House West Shinness LAIRG IV27 4DW

SECRETARY

Fiona Macdonald: 01862 810275

Elmbank Castle Street

DORNOCH IV25 3SN

TREASURER

David Hannah: 01863 766061

Tigh na Cnoc Ardgay Hill

ARDGAY IV24 3DH

The Committee members will be pleased to answer any questions regarding these walks, or on joining the Sutherland Walkers Group. Alternatively, send an e-mail to femmacdonald@btinternet.com

IMPORTANT INFORMATION

 Sutherland Walkers Group is pleased to welcome occasional walkers or new members to any of these walks.
 Annual Membership (due 01 March) is £10 for adults and £2.50 for under 16's.

No charge is made for the initial two walks.

- For more details on each walk, please contact the relevant Leader.
- Walks may be altered (or cancelled) if weather conditions dictate.
- Car sharing: £5 contribution, mutually agreed between driver and passengers.
- Walkers wishing to bring their dogs on walks are advised to discuss the suitability of the walk with the Walk Leader beforehand, and in accordance with The Scottish Outdoor Access Code.

ALL WALKERS ARE ADVISED TO:-

- Bring a packed lunch and sufficient to drink (ideally hot).
- Have appropriate wind and waterproof clothing.
- Wear walking boots, which are essential.
- Walkers are responsible <u>AT ALL TIMES</u> for themselves and any accompanied children they bring under 16 years of age.
- The Walk Leader's decision is final on all issues concerning their walk.
 Any concerns about the walk must be made to the Leader in private in order to prevent any undermining of the Leader's authority.

Leaders will carry a First Aid Kit.

• New Walk Leaders and ideas for future walks are always welcome.



Programme of Walks and Events

October 2023

To

March 2024